



Sele News



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PLEASE TAKE ONE

Text Reminders

Please ensure that you update us with any changes to your mobile number so that we can send you text reminders about your appointments. We regularly receive notifications that text reminders have failed, usually due to inaccurate details.

Staff Changes

Dr Ruth Graham and Dr Yanos Reynolds-Khan have left us for pastures new to continue their GP training. We thank them for their help over the past 6 months and wish them well in the future.

We welcome Dr Kate Rowley until August 2017. She comes to us from Hexham General Hospital.

Dr Harry Lewis-Barned remains with us until August 2017.

Dr Rhian Williams will, unfortunately, not be returning to the surgery post maternity leave. We wish her well in the future.

Practice Nurse, Susan Slaney gave birth to a baby boy, Charlie, on 4 January, a little earlier than planned. Both are doing well.

Patient Education Sessions

Please look out for details of our next Patient Education Session.

Urine Samples

We request that urine samples are brought into the surgery if requested by a GP, nurse or if patients suspect a urine infection. These samples should, ideally, be fresh samples, less than an hour old, preferably taken first thing in the morning, so when tested they give the most accurate results.

There is a form to be filled out when handing in the samples which will be given out by the GP or nurse if requested by them and bottles will be given accordingly.

If handing in a sample due to an infection, please ask at reception for a sterile universal container and mark with the patient's name and date of birth. You will also be asked to complete a form requesting information about symptoms so please include as much information as possible.

Research Activity

We often send out invitations to patients who may be suitable for participation in various research studies. We never disclose information to third parties without your consent and do not mind if you do not wish to participate. Research Nurse, Michelle Orton, will be carrying out some research activity for us in the practice over the next few months.

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Asthma Reviews

Pharmacist Carol Hodgson-Brunniche will be inviting patients for medication reviews in the spring. If you are invited to attend, please do make an appointment.

Patient Reviews

We occasionally ask patients to attend for an appointment which is longer than usual so that a range of issues can be assessed.

If we ask you to attend this type of appointment, we will advise you by letter. Please let us know if you can't attend so that we can rearrange the appointment.

Prescription Requests

Please allow 48 hours for prescription requests to ensure that the prescription is signed and picked up by the chosen pharmacy. This is not just requested by the surgery but by the pharmacy also. When ordering medications, please ensure you have used your remaining stock to avoid over ordering.

Friends and Family Test

Please complete our Friends and Family form and post it in the box near reception. Patients can complete a comment card as often as they wish. We are required to submit these details to NHS England on a monthly basis.

DNA – Did Not Attend

106 patients failed to turn up for their appointments in January. Please let us know if you can't attend so that we can offer the appointment to someone else.

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Northumberland Vanguard Project

In the summer, Northumbria NHS Foundation Trust was awarded £8.3 million to help further integrate hospital, mental health, GP and ambulance services so that future services can be planned.

- An easy-to-access, joined-up system that supports self-management and ensures the right level of care and the right professionals to meet individual patient needs
- A single health record, that patients have access to and is shared across organisations in a timely way amongst all health professionals
- Access to information and resources that will allow patients to take responsibility for maintaining and improving their own health and wellbeing
- Access to 24/7 advice (as part of planned or ongoing care and in urgent situations) via electronic, telephone, or face-to-face consultation with the right professional
- Better support for patients with long-term conditions using bespoke care plans and responsive services which meet individual needs
- Better support for carers in local communities.

Pharmacist – Mohamed Ali

As part of the Vanguard project, we are able to utilize the services of a pharmacist for medication reviews. He is able to visit patients in care homes and in their own homes where appropriate.

A Final Thought...

“A healthy outside starts from the inside.” ~**Richard Urich**